

Clothing stockists factsheet

Many people with eczema find that wool and synthetic materials, such as polyester and nylon, cause overheating, sweating and irritation, which set off the dreaded itch. Rough seams, fibres, fastenings and threads can also cause problems for sensitive skin. Your choice of clothing and bed linen can make a considerable difference to how comfortable you feel.

Pure cotton (the better the quality, the more comfortable it will be), is a popular choice for clothes and bed linen as it is soft, cool, absorbs sweat and allows the skin to 'breathe'.

Similarly, silk clothing and sheets are very soft, moisture-wicking and allow the skin to breathe. As it is a light material, some people with eczema find silk a good choice as underwear or nightwear. However, it is more expensive than cotton.

Bamboo is another soft, breathable material; more absorbent than cotton and highly effective at regulating temperature. The bamboo in clothing is generally described as 'bamboo viscose' or 'viscose derived from bamboo'. It is often teamed with cotton and a proportion of elastane/spandex/lycra. Tencel™ Lyocell, a cellulose fibre derived from bamboo or wood pulp, is also eczema-friendly, and more environmentally-friendly than bamboo viscose.

The following list contains details of cotton, silk, bamboo and Tencel™ Lyocell stockists of clothing and bed linen known to National Eczema Society. While the information is up-to-date at the time of writing, we cannot guarantee the continued validity of all entries. We do not recommend any particular company or supplier.

Cotton stockists

ArtyWren – Thoughtful Threads

Tel: 07727 006098

www.artywren.com

100% biodegradable, organic cotton children's clothing

The Bra Shop, 299 Marine Road Central, Morecambe LA4 5BY

Tel: 01524 426 611

www.brashoponline.co.uk

100% cotton women's underwear

Frugi, Hornsby House, Wheal Vrose Business Park, Helston, Cornwall TR13 0FG

www.welovefrugi.com

Email: info@welovefrugi.com

Organic cotton adults', children's and babies' fashion and nightwear

Gossypium, Enterprise Works, Beach Road, Newhaven, East Sussex BN9 0BX

Tel: 01273 514 101

www.gossypium.co.uk

Email: info@gossypium.net

Organic cotton collection focused on yoga wear

GreenFibres, 99 High Street, Totnes, Devon TQ9 5PF

Tel: 01803 868 001

www.greenfibres.com

Organic cotton adults' and children's clothing: nightwear, underwear, socks, tights, vests, bathrobes and a range of bedding, plus 100% silk women's underwear

Clothing stockists factsheet

The Healthy House, Unit B4, Phoenix Trading Estate,
Thrupp, Stroud GL5 2BX

Tel: 01453 752 216

www.healthy-house.co.uk

Email: info@healthy-house.co.uk

Organic cotton bed linen. Adults' cotton and silk and children's silk gloves, and house-dust-mite-proof bedding covers

John Lewis Partnership, stores UK-wide

www.johnlewis.com

Cotton bed linen

Natural Collection, c/o Spark Etail Ltd, Follingsby
Avenue, Follingsby Park, Gateshead NE10 8HQ

Tel: 0333 400 0463

www.naturalcollection.com

Organic cotton adults' and children's clothing, and bed linen

Nomads, Nomads Clothing, Priory Yard, Launceston,
Cornwall PL15 8HU

Tel: 01566 777 338

www.nomadsclothing.com

Email: mailorder@nomadsclothing.com

Organic cotton fashion mainly for women

People Tree, 26 Camden High Street, London NW1 0JH

Tel: 020 7042 8900

www.peopletree.co.uk

Email: people@peopletree.co.uk

Organic cotton and TENCEL™ Lyocell fashion for women

Pure Cotton Comfort, Cotton Comfort Ltd,

Woodview Road, Paignton TQ4 7SR

Tel: 0333 240 0886

www.eczemacllothing.com

100% cotton adults' and children's clothing: nightwear, underwear, gloves, socks, tights and leggings

Spirit of Nature, c/o Spark Etail Ltd, Follingsby Avenue,
Follingsby Park, Gateshead NE10 8HQ

Tel: 0333 400 1800

www.spiritofnature.co.uk

Organic cotton adults' and children's clothing, and eco nappies

Suzanne Charles, Units 22 & 24, High Barns Farm,
Roxton, Bedford MK44 3ET

Tel: 01234 871 901

www.suzannecharles.co.uk

100% cotton women's nightwear and underwear

Silk stockists

DermaSilk, Shefford House, 15 High Street, Shefford
SG17 5DD

Tel: 01462 346 100

www.dermasilk.co.uk

Email: info@esperehealth.co.uk

Therapeutic silk clothing: adults' and children's gloves and undergarments

Dreamskin® Health Limited, The Melon Ground, Hatfield
Park, Hatfield, AL9 5NB

Tel: 01707 260 505

www.dreamskinhealth.co.uk

Therapeutic silk clothing: adults', children's and babies' gloves and undergarments

Gingerlily, Studio 7, 16 Porteus Place, London SW4 0AS

Tel: 020 8877 9905

www.gingerlily.co.uk

Email: sales@gingerlily.co.uk

Silk-filled duvets, silk bed linen and women's nightwear

John Lewis Partnership (see details under Cotton stockists)

Silk duvets, pillows and pillowcases

Clothing stockists factsheet

Patra, 1-5 Nant Road, London NW2 2PS

Tel: 020 3179 9988

www.patra.com

Email: customerservices@patra.com

Silk fashion for adults and silk bed linen. Specialises in silk but also sells adults' and children's cotton clothing and some bamboo clothing

Skinnies, Dermacea Ltd, Dermacea House,

1 Western Road, West Hagley DY9 0LB

Tel: 01562 884 898

www.skinniesuk.com

Email: info@skinniesuk.com

Therapeutic silk clothing: adults', children's and babies' gloves and undergarments

Bamboo clothing

BAM Bamboo Clothing, Airport Business Centre,

10 Thornbury Road, Plymouth PL6 7PP

Tel: 01752 581 458

www.bambooclothing.co.uk

Bamboo fashion for adults

School uniform

EcoOutfitters

Tel: 07506 568 172 or 07540 374 395

www.ecooutfitters.co.uk

Email: info@ecooutfitters.co.uk

Organic cotton school uniform and children's wear

Marks & Spencer, stores UK-wide

www.marksandspencer.com

Search for the 'SkinKind' range, although range is limited

Pure Cotton Comfort (see details under Cotton stockists)

Other

Allergy Best Buys, Clientbase Fulfilment Ltd, Paignton

Tel: 01274 56 56 99

www.allergybestbuys.co.uk

Email: customerservices@allergybestbuys.co.uk

House-dust-mite-proof bedding cover sets, bamboo bed linen and towels, adults' and children's gloves made from bamboo, cotton and silk, and adults' and children's silk undergarments

DermaTherapy Bedding, Shefford House, 15 High

Street, Shefford SG17 5DD

Tel: 01462 346 100

www.dermatherapybedding.co.uk

Email: info@esperehealth.co.uk

Bed linen designed to help manage eczema by dissipating heat and moisture

DISCLAIMER

Our publications contain information and general advice about eczema. They are written and reviewed by dermatology experts, with input from people with eczema. We hope you find the information helpful, although it should not be relied upon as a substitute for personalised advice from a qualified healthcare professional. While we strive to ensure the information is accurate and up-to-date, National Eczema Society does not accept any liability arising from its use. We welcome reader feedback on our publications, please email us at info@eczema.org

Factsheet last reviewed October 2019.

© National Eczema Society, June 2019. All rights reserved. Except for personal use, no part of this work may be distributed, reproduced, downloaded, transmitted or stored in any form without the written permission of National Eczema Society.



National Eczema Society is the UK charity for everyone affected by eczema. We help support people with eczema, providing information and advice, which we deliver through our website, social media, campaigns, publications and nurse-supported Helpline. We also provide a voice for people with eczema, raising awareness of the condition, supporting research into new treatments and campaigning for better medical care.

National Eczema Society is a registered charity in England and Wales (No. 1009671) and in Scotland (No. SC043669). Registered Office: 11 Murray Street, London NW1 9RE