

## Clothing stockists factsheet

Many people with eczema find that wool and synthetic materials, such as polyester and nylon, cause overheating, sweating and irritation, which set off the dreaded itch. Rough seams, fibres, fastenings and threads can also cause problems for sensitive skin. Your choice of clothing and bed linen can make a considerable difference to how comfortable you feel.

Pure cotton (the better the quality, the more comfortable it will be), is a popular choice for clothes and bed linen as it is soft, cool, absorbs sweat and allows the skin to 'breathe'.

Similarly, silk clothing and sheets are very soft, moisture-wicking and allow the skin to breathe. As it is a light material, some people with eczema find silk a good choice as underwear or nightwear. However, it is more expensive than cotton.

Bamboo is another soft, breathable material; more absorbent than cotton and highly effective at regulating temperature. The bamboo in clothing is generally described as 'bamboo viscose' or 'viscose derived from bamboo'. It is often teamed with cotton and a proportion of elastane/spandex/lycra. Tencel™ Lyocell, a cellulose fibre derived from bamboo or wood pulp, is also eczema-friendly, and more environmentally-friendly than bamboo viscose.

The following list contains details of cotton, silk, bamboo and Tencel™ Lyocell stockists of clothing and bed linen known to National Eczema Society. While the information is up-to-date at the time of writing, we cannot guarantee the continued validity of all entries. We do not recommend any particular company or supplier.

### Cotton stockists

**The Bra Shop**, 299 Marine Road Central, Morecambe  
LA4 5BY

Tel: 01524 426 611

[www.brashoponline.co.uk](http://www.brashoponline.co.uk)

Email: [customerservice@brashoponline.co.uk](mailto:customerservice@brashoponline.co.uk)

*100% cotton women's underwear*

### Cottonique Lingerie via Herroom

[www.herroom.com/cottonique.shtml](http://www.herroom.com/cottonique.shtml)

*100% cotton bras and pants that are latex- and spandex-free. This is a United States-based organisation but they ship to the UK*

**Frugi**, Hornsby House, Wheal Vrose Business Park,  
Helston, Cornwall TR13 0FG

[www.welovefrugi.com](http://www.welovefrugi.com)

Email: [info@welovefrugi.com](mailto:info@welovefrugi.com)

*Organic cotton adults', children's and babies' fashion and nightwear*

**GreenFibres**, 1 Malt Mill, Totnes, Devon TQ9 5NH

Tel: 01803 868 001

[www.greenfibres.com](http://www.greenfibres.com)

Email: [mail@greenfibres.com](mailto:mail@greenfibres.com)

*Organic cotton adults' and children's clothing: nightwear, underwear, socks, tights, vests, bathrobes and a range of bedding, plus 100% silk women's underwear*

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### **The Healthy House**

Tel: 01453 752 216

[www.healthy-house.co.uk](http://www.healthy-house.co.uk)

Email: [info@healthy-house.co.uk](mailto:info@healthy-house.co.uk)

*Organic cotton bed linen. Adults' and children's silk gloves, and house-dust-mite-proof bedding covers*

### **John Lewis Partnership**, stores UK-wide

[www.johnlewis.com](http://www.johnlewis.com)

*Cotton bed linen*

### **Natural Collection**, c/o Spark Etail Ltd, Follingsby Avenue, Follingsby Park, Gateshead NE10 8HQ

Tel: 0333 400 0463

[www.naturalcollection.com](http://www.naturalcollection.com)

*Organic cotton adults' and children's clothing, and cotton and bamboo bed linen*

### **Nomads**, Nomads Clothing, Priory Yard, Launceston, Cornwall PL15 8HU

Tel: 01566 777 567

[www.nomadsclothing.com](http://www.nomadsclothing.com)

Email: [mailorder@nomadsclothing.com](mailto:mailorder@nomadsclothing.com)

*Organic cotton fashion mainly for women*

### **People Tree**, 26 Camden High Street, London NW1 0JH

[www.peopletree.co.uk](http://www.peopletree.co.uk)

Email: [people@peopletree.co.uk](mailto:people@peopletree.co.uk)

*Organic cotton and Tencel™ Lyocell fashion and underwear for women*

### **Pure Cotton Comfort**, Cotton Comfort Ltd, Woodview Road, Paignton TQ4 7SR

Tel: 0333 240 0886

[www.eczemaeclothing.com](http://www.eczemaeclothing.com)

*100% cotton adults' and children's clothing: nightwear, underwear, gloves, socks, tights and leggings*

### **Seasalt**, stores UK-wide

Tel: 01326 640 075

[www.seasaltcornwall.co.uk](http://www.seasaltcornwall.co.uk)

*Organic cotton fashion mainly for women*

### **Spirit of Nature**, c/o Spark Etail Ltd, Follingsby Avenue, Follingsby Park, Gateshead NE10 8HQ

Tel: 0333 400 1800

[www.spiritofnature.co.uk](http://www.spiritofnature.co.uk)

*Organic cotton adults' and children's clothing, and eco nappies*

### **Suzanne Charles**, Units 22 & 24, High Barns Farm, Roxton, Bedford MK44 3ET

Tel: 01234 871 901

[www.suzannecharles.co.uk](http://www.suzannecharles.co.uk)

*Cotton women's nightwear and underwear, and men's underwear*

## Silk stockists

### **DermaSilk**, Shefford House, 15 High Street, Shefford SG17 5DD

Tel: 01462 346 100

[www.dermasilk.co.uk](http://www.dermasilk.co.uk)

Email: [info@esperehealth.co.uk](mailto:info@esperehealth.co.uk)

*Therapeutic silk clothing: adults' and children's gloves and undergarments*

### **Dreamskin**, Health Limited, The Melon Ground, Hatfield Park, Hatfield, AL9 5NB

Tel: 01707 260 505

[www.dreamskinhealth.co.uk](http://www.dreamskinhealth.co.uk)

*Therapeutic silk clothing: adults', children's and babies' gloves and undergarments*

### **Gingerlily**, Studio 7, 16 Porteus Place, London SW4 0AS

Tel: 020 8877 9905

[www.gingerlily.co.uk](http://www.gingerlily.co.uk)

Email: [sales@gingerlily.co.uk](mailto:sales@gingerlily.co.uk)

*Silk-filled duvets, silk bed linen and women's nightwear*

### **John Lewis Partnership** (see details under Cotton stockists)

*Silk duvets, pillows and pillowcases*

## Clothing stockists factsheet

**Patra**, 1-5 Nant Road, London NW2 2PS

Tel: 020 3179 9988

[www.patra.com](http://www.patra.com)

Email: [customerservices@patra.com](mailto:customerservices@patra.com)

*Silk fashion and nightwear for adults and silk bed linen. Specialises in silk but also sells adults' and children's cotton clothing and some bamboo clothing*

**Skinnies**, Dermacea Ltd, Dermacea House,

1 Western Road, West Hagley DY9 0LB

Tel: 01562 884 898

[www.skinniesuk.com](http://www.skinniesuk.com)

Email: [info@skinniesuk.com](mailto:info@skinniesuk.com)

*Therapeutic silk clothing: adults', children's and babies' gloves or mittens and undergarments*

## Bamboo clothing

**BAM Bamboo Clothing**, Airport Business Centre,

10 Thornbury Road, Plymouth PL6 7PP

Tel: 01752 581 458

[www.bambooclothing.co.uk](http://www.bambooclothing.co.uk)

*Bamboo fashion for adults*

## School uniform

**EcoOutfitters**

Tel: 07506 568 172 or 07540 374 395

[www.ecooutfitters.co.uk](http://www.ecooutfitters.co.uk)

Email: [info@ecooutfitters.co.uk](mailto:info@ecooutfitters.co.uk)

*Organic cotton school uniform and children's wear*

**Marks & Spencer**, stores UK-wide

[www.marksandspencer.com](http://www.marksandspencer.com)

*Search for the 'Skin Kind' range, although range is limited*

**Natural Collection** (see details under Cotton stockists)

**Pure Cotton Comfort** (see details under Cotton stockists)

## Other

**Allergy Best Buys**, Clientbase Fulfilment Ltd, Paignton

Tel: 01274 56 56 99

[www.allergybestbuys.co.uk](http://www.allergybestbuys.co.uk)

Email: [customerservices@allergybestbuys.co.uk](mailto:customerservices@allergybestbuys.co.uk)

*House-dust-mite-proof bedding cover sets, bamboo bed linen and towels, adults' and children's gloves made from bamboo, cotton and silk, adults' and children's cotton pyjamas, and adults' silk undergarments*

**DermaTherapy Bedding**, Shefford House,

15 High Street, Shefford SG17 5DD

Tel: 01462 346 100

[www.dermatherapybedding.co.uk](http://www.dermatherapybedding.co.uk)

Email: [info@esperehealth.co.uk](mailto:info@esperehealth.co.uk)

*Bed linen designed to help manage eczema by dissipating heat and moisture*

**Ethical Bedding Company**, 75 Albany Mansions,

Albert Bridge Road, London SW11 4PQ

[www.ethicalbedding.com](http://www.ethicalbedding.com)

Email: [hello@ethicalbedding.com](mailto:hello@ethicalbedding.com)

*Bed linen made from 100% Tencel™*

**HappySkin**, DreamSkin Health Limited, 4 Carters Row,

Hatfield Park, Hatfield AL9 5NB

Tel: 01707 260 505

[www.happy-skin.com](http://www.happy-skin.com)

Email: [hello@happy-skin.com](mailto:hello@happy-skin.com)

*Baselayers and pyjamas for babies and children made from DreamSkin polymer-coated Tencel/cotton fabric*

**Scratchsleeves**, Threeways, Sleepers Hill, Winchester SO22 4ND

Tel: 01962 890 210

[www.scratchsleeves.co.uk](http://www.scratchsleeves.co.uk)

Email: [info@scratchsleeves.co.uk](mailto:info@scratchsleeves.co.uk)

*Sleeves and pyjamas for babies and young children to help reduce scratching. Made from cotton and silk*

## Clothing stockists factsheet

### Masks/face coverings (Covid-19)

#### Etsy

[www.etsy.com/uk](http://www.etsy.com/uk)

**Greenfibres** (see details under Cotton stockists)

**People Tree** (see details under Cotton stockists)

**Pure Cotton Comfort** (see details under Cotton stockists)

**Seasalt** (see details under Cotton stockists)

**Skinnies** (see details under Silk stockists)

**Spirit of Nature** (see details under Cotton stockists)

#### DISCLAIMER

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